Cryotherapy cabin

Cryosense®

Cryotherapy cabin
HEALTH, BEAUTY AND WELL-BEING

BELOW ZERO

The safest and most advanced cryotherapy technology. Made in SPAIN.
Discover the advanced technology of Cryosense thermal cryotherapy.

Cryotherapy is a revolutionary therapy with proven results in the world of medicine, sport, beauty and well-being.

A technique that consists in exposing our bodies to low temperatures, between +80°C and -196°C for three minutes thanks to the cold liquid nitrogen vapour that is released inside the Cryosense cabin.

This exposure favours the release of endorphins or chemical substances that have anti-inflammatory and analgesic effects that stimulate our immune system.

CRYOTHERAPY IS ENDORSED BY ATHLETES AND ELITE SPORTSMEN AND WOMEN AND EVERY DAY HAS MORE AND MORE FOLLOWERS FROM THE WORLD OF BEAUTY, HEALTH AND WELL-BEING.
A technology that will benefit your clients and also your business.

Installing a Cryosense cabin in your centre will expand your choice of services and treatments: you’ll be able to offer your clients the latest technology with enormous benefits for their health and appearance.

After only a 3 minutes session in the cabin they will quickly see the excellent results. As well as helping you achieve satisfaction for all your clients and win over their loyalty, you’ll see your profits rise.

Without a shadow of doubt, it’ll be a competitive edge for you: a strong point that will make you stand out from the competition and attract new clients.
What is the Cryosense System?

It’s based on cryotherapy sessions (thermal cryocontrast) inside our cabin that last 3 minutes. In just a few seconds the temperature will go from +80°C to -196°C.

The client enters the cabin and chooses one of the 8 programs that are preset according to the health or beauty target desired.

What’s more, each programme includes a protocol with different techniques and products to boost the results.

An experience full of sensations that will benefit our body.

Each session is quick and comfortable... and although it may seem hard to believe because of the extreme cold, it is a really pleasurable experience.

All this is because it is dry cold from liquid nitrogen vapour which helps release endorphins in the body that give you an enormous feeling of well-being during the session and particularly during the hours after. In addition, this generates anti-inflammatory and analgesic effects and stimulates our immune system.

An excellent overall treatment that effectively helps the body recover completely after intense exercise and boosts energy.
Why Cryosense?

Engineers, doctors, sportspeople and beauticians all agree that Cryosense is at the forefront of technology, safety and design.

**Reasons for choosing Cryosense:**

∑ Only Cryosense can combine cold and heat.

∑ Only Cryosense can focus the cold at different heights

∑ Cryosense is the safest on the market as it alone includes safety elements to avoid the dangers of nitrogen. Cryosense is the only cryosauna certified as safe by some gas suppliers such as Air Liquide.

∑ Cryosense comes with the most technology. Automated S7-200 temperature sensors, a VPN modem linked to the company server, etc.

∑ Cryosense gives the best treatment to shoulders and neck thanks to the collar used in the sessions.

∑ Cryosense has a unique style and a high quality you will appreciate.
**See the difference** from the very first session.

**WELL-BEING:**
- Releasing endorphins
- Boosts energy
- Eliminates stress
- Helps combat insomnia
- More sexual energy

**BEAUTY:**
- Burns calories
- Reduces cellulite
- Removes toxins
- Improves skin quality and helps skin disorders
- Oxygenates cells
- Rejuvenates your skin
- Helps control excess weight

**HEALTH:**
- Improves circulation
- Strengthens blood vessels
- Soothes pain
- Postoperative recovery
- Reduces muscle micro-tears
- Stimulates the immune system
- Improves the symptoms of many illnesses:
  - Inflammations
  - Rheumatoid arthritis
  - Arthrosis
  - Ankylosing spondylitis
  - Fibromyalgia, chronic fatigue
  - Multiple sclerosis
  - Stress and anxiety
  - Psoriasis, Neurodermatitis
  - Menopause disorders

**SPORT:**
- Reduces recovery time after sport
- Boosts sport performance: top speed, power, etc
- Prevents overload injuries
- Capacity to bear a higher training load
- Relieves muscular pain
- Repairs muscular micro-tears

**ENDORSED BY MEDICAL RESEARCH**
Latest technology for monitoring sessions and ensuring maximum safety

Includes the most advanced technology to ensure real-time safety in the most comfortable way:

**THE CLIENT:**

**Vital functions monitoring:**
- Blood pressure
- Heartbeat
- Oxygen saturation

**IN THE CABIN:**

- The cabin is fitted with a flat screen that shows all the real-time information of the temperature during the session
- Safety collar. Keeps the nitrogen in the cabin and avoids inhalation
- The door can be opened at any instant and the session stops automatically
- Height adjustment
- Intelligent drying
- Oxygen Sensor
- Cold focused at different levels

**IN THE CENTRE:**

- Cabin controlled with an iPad using a simple intuitive App.
- 24h a day VPN connection to Cryosene headquarters that lets you:
  - Update software
  - Load seasonal programs or special offers
  - Make automatically-managed nitrogen orders
8 programs to choose from
SPORT Regeneration and muscle development
Far-reaching, long-lasting effects designed for sports professionals and persons who make high demands of their bodies and require high muscle tone. Post-competition recovery and pre-training preparation.

FIRMING Firms the skin and tones the muscles
Firms, strengthens and improves circulation helping eliminate the retention of liquids and toxins accumulated during everyday life. Progressive intensity.

INSOMNIA Release of endorphins and relaxing effect
Excellent for persons who find it hard to sleep or suffer from chronic fatigue. Feeling of well-being. Treatment to be given in the evening. Progressive intensity.

CALORY Helps activate your metabolism
Ideal for encouraging a change of pace or lifestyle, weight gain or loss. Long-lasting effects.

PAIN Helps reduce inflammation (Upper part of the body)
Helps smooth the blood flow and reduces swelling as blood circulation is stimulated. The cold acts as an anaesthetic agent, soothing and helping the muscles.

TIRED LEGS Decongests and improves circulation (Lower part of the body)
This focuses on the lower part of the body, concentrating on the lower limbs to improve micro-circulation and blood flow. Overall it helps the blood flow smoothly.

ANTIAGING Helps combat the signs of age
Facilitates the elimination of toxins. Thermal cryotherapy is presented in a HEAT-COLD dual-phase program that speeds up and boosts the effects of cryotherapy. Skin oxygenation is increased.

ANTI-STRESS Helps attain an inner balance
Initial level. Facilitates a natural release of serotonins and endorphins producing a state of well-being. Progressive intensity.
Installation Guide

The *Cryosense cabin* is oval-shaped and measures 1.73 x 0.95 x 2.3 m. when closed (length, width and height) including the base and the dome.

Therefore the room where it is to be installed must:

∑ Be at least 3 x 2.8 x 2.4 m (length x width x height)

∑ Let the cabin door have a minimum width of 70 cm.

∑ Be on street level or be easily accessible by a lift in order to transport the bottles of nitrogen.

∑ Be properly ventilated with an air extractor at floor level as well as an extractor for the machine connected to the outside.

**REMEMBER, IT IS HIGHLY IMPORTANT TO ENSURE THE AIR IS RENOVATED**

In order not to diminish the amount of oxygen in the air in the room, at the end of each session the nitrogen gas must be extracted from the cabin to the outside using a 110 mm diameter extractor fitted to the wall or ceiling of the room.

Depending on the natural ventilation, it may be advisable to have an oxygen sensor or forced ventilation by means of a motorised extractor on the floor.

The machine is powered by a 220 V single-phase electric current and has a maximum consumption of 4,500W.
CALL US

Should you require more information or if you’ve decided to install a cabin in your centre, contact us at our website:

www.cryosense.es

or by telephone on

+34 911 592 716